

# TOTAL CARE HOME HEALTH AGENCY

# Aide Care Plan

Name of Patient/Client: ☐ Male ☐ Female Age: \_\_\_\_\_

Goals of Care: ☐ Patient will be free from injury ☐ Patient will receive assistance with ADLs/IADLs

☐ Other: \_\_\_\_\_

(Check appropriate interventions, write specifics as needed)

**Nutrition** ☐ Type of Diet \_\_\_\_\_ ☐ Plan/Prepare Meals/Snacks ☐ Serve Meals

☐ Assist with Eating ☐ Offer Fluids ☐ Fluid Restriction ☐ Thicken Fluids

**Body Mechanics/Mobility**

Transfer: ☐ Assist ☐ Stand/Pivot ☐ Sliding Board ☐ Bedrest ☐ Hoyer

Ambulation: ☐ Assist ☐ Cane ☐ Wheelchair ☐ Walker ☐ Crutches

☐ ROM/HEP ☐ Apply Orthopedic Device

☐ Other \_\_\_\_\_

**Personal Care/Assistance with ADLs**

Bathing: ☐ Tub ☐ Shower ☐ Bed ☐ Chair ☐ Shower Bench

☐ Hand Held Shower ☐ Other \_\_\_\_\_

Hair: ☐ Comb/Brush ☐ Shampoo ☐ Condition

General: ☐ Dress ☐ Shave ☐ Skin Care/Grooming \_\_\_\_\_

Oral Hygiene: ☐ Clean Dentures ☐ Brush Teeth ☐ Mouthwash ☐ Oral Swabs

**Toileting:** ☐ Assist to Commode/Toilet ☐ Assist with Bedpan/Urinal ☐ Catheter Care

☐ Empty Catheter/Drainage Bag ☐ Diapers/Depends ☐ Other \_\_\_\_\_

**Homemaking:** ☐ Shop ☐ Straighten ☐ Clean Bathroom after use ☐ Clean Kitchen after Meal Prep

☐ Make Bed ☐ Change Bed Linen ☐ Personal Laundry ☐ Medication Reminder Assistance

☐ Other \_\_\_\_\_

**Other/Record:** ☐ TempA/O ☐ Intake/Output ☐ Pulse ☐ B/P ☐ Respiration ☐ Observe Universal Precautions

*Call office immediately for any fall, loss of consciousness, injury, oral temp above \_\_\_\_\_, pulse above \_\_\_\_\_ or below \_\_\_\_\_*

Safety Instructions: \_\_\_\_\_

Infection Control Instructions: \_\_\_\_\_

Special Instructions:	Dates:	Reviewed By:	For Period:
Other: _____			

Prepared By: \_\_\_\_\_ Date: \_\_\_\_\_